

Gaylord Hospital

Invites you to attend the:

Spinal Cord Injury Support Group

Please join us in welcoming Erin Spaulding from the CT Chapter of Achilles International

The Connecticut Chapter of Achilles International is a not-for-profit organization that partners able-bodied runners with disabled athletes.



“Our mission is to enable people with all types of disabilities to participate in mainstream athletics in order to promote personal achievement, enhance self esteem, and lower barriers to living a fulfilling life.”

When: Monday March 10th at 5:00 pm

Where: Luscomb gym (inpatient) at Gaylord Hospital

Bring your questions! Bring a friend!

The program is sponsored by the CT Chapter of the National Spinal Cord Injury Association and Gaylord Hospital

Any questions please feel free to call: (203) 284-2875
and ask for Erin Prastine or Meghan Chiaraluce

